

# Health History Form

Name: \_\_\_\_\_ Date: \_\_\_\_\_  
 Address: \_\_\_\_\_ Telephone (home): \_\_\_\_\_  
 City: \_\_\_\_\_ Postal Code: \_\_\_\_\_ (Cell): \_\_\_\_\_  
 Occupation: \_\_\_\_\_

Email address: \_\_\_\_\_ Date of birth (mm/dd/yy) \_\_\_\_\_  
 Emergency Contact: \_\_\_\_\_ Telephone: \_\_\_\_\_

Do you have Extended Health Care Insurance coverage for chiropractic?  Yes  No

Name of Insurance Provider: \_\_\_\_\_

General Practitioners name: \_\_\_\_\_ Telephone: \_\_\_\_\_

Permission to consult with your Doctor:  Yes  No Initials: \_\_\_\_\_

Primary Complaint: \_\_\_\_\_

Onset of symptoms: \_\_\_\_\_ Aggravates/Relieves? \_\_\_\_\_

Have you seen any other health professionals for this?  Yes  No

Who? \_\_\_\_\_ When? \_\_\_\_\_

Have you experienced a similar condition in the past? If yes, when? \_\_\_\_\_

Please indicate conditions that you are experiencing, or have experienced:

**Respiratory**

- Chronic cough
- Shortness of breath
- Asthma
- Sinus Problems
- Allergies
- COPD
- Other: \_\_\_\_\_

**Cardiovascular**

- High/Low Blood Pressure
- Blood clots
- Heart Disease/Failure
- Myocardial Infarction
- Stroke
- Pacemaker/ electric device
- Other: \_\_\_\_\_

**Digestive**

- Constipation
- Diarrhea
- IBS
- Gas/bloating
- Liver Disease
- Other: \_\_\_\_\_

**Nervous System**

- Concussion
- Loss of sensation
- Numbness/Tingling  
Where? \_\_\_\_\_
- Herpes/Shingles
- Chronic Pain
- Headaches

**Musculoskeletal**

- Ankle Injuries
- Fractures/Strains/Sprains
- Bone or Joint Disease
- Arthritis: Type \_\_\_\_\_
- Low back/hip/leg pain
- Neck/Shoulder/Arm pain
- TMJ/ Jaw Pain

**Other**

- Pregnant?  
\_\_\_\_\_ Yes \_\_\_\_\_ No
- Cancer: \_\_\_\_\_
- Kidney Disease
- Vision/Hearing
- Diabetes: Type \_\_\_\_\_
- Mental Health

**Current Medications or Supplements**

Name	Condition	Name	Condition

**Surgeries**

Type	Approx. Date	Type	Approx. Date

**Motor Vehicle Accident**

Date	Injuries Sustained

Other Accidents or Injuries: \_\_\_\_\_ Date: \_\_\_\_\_

Presence of internal pins, wires, artificial joints, special equipment? \_\_\_\_\_

Have you ever received Chiropractic care before? \_\_\_ Yes \_\_\_ No

Other therapies? (Physio, Massage, Acupuncture) \_\_\_ Yes \_\_\_ No

Do you have any other conditions not listed, or is there anything else you wish the Practitioner to know?

Please indicate which body parts you consent to be treated:

Head/Face \_\_\_ Neck \_\_\_ Shoulders/Arm \_\_\_ Hips/Legs \_\_\_ Gluteals \_\_\_ Abdomen \_\_\_

Inner thigh \_\_\_ Back \_\_\_ Consent to all: \_\_\_\_\_ (Initials)

**Consent Form:**

It is important that you fill out this health history form to ensure that it is safe for you to receive treatment. If your health status changes, please notify your therapist before your next treatment. All information gathered will be kept confidential except as required by law or to facilitate an assessment or treatment.

I agree to communicate with my therapist at any time if I have questions, if I feel uncomfortable, or if I feel my well-being is being compromised. I will give consent to my chiropractor to treat only the areas of my body that we discussed in the treatment plan. **Initials** \_\_\_\_\_

I am aware that I may remove only the clothing that I am comfortable removing. I know that I have the right to stop or modify treatment at any time. It is my choice to receive Acupuncture or Chiropractic care. **Initials** \_\_\_\_\_

**Cancellation Policy:** There is a \$25.00 charge for the first missed appointment, or appointments cancelled with less than 24 hours notice. There will be a full treatment charge for subsequent missed appointments. The 30-75 min time slot is reserved specifically for you. If you are unable to keep your appointment please notify the office at least 24 hours before your appointment to enable others to attend a treatment.

**Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Parent/Guardian Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

(If under the age of 16)

**Permission Form**

I, \_\_\_\_\_ give permission for the clinic of Niagara Therapeutics Inc. to send informational material via mail or email? Personal information collected by the clinic will not be used for any other purposes.

Do you wish to receive appointment reminder emails? \_\_\_ Yes \_\_\_ No

How did you hear about our clinic?

Facebook \_\_\_\_\_ Website \_\_\_\_\_ Our Sign \_\_\_\_\_ Yellow Pages \_\_\_\_\_ Other? \_\_\_\_\_

Family/Friend/Co-Worker \_\_\_\_\_ Who? \_\_\_\_\_

**Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_